April 23, 2024 - EPA Tri-Regional Radon Stakeholders Meeting

# WHI Risk It? The Women's Health Initiative Radon Risk Investigation

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#### Lung Cancer

#### Lung Cancer

- ↓ incidence
- common
- societally burdensome









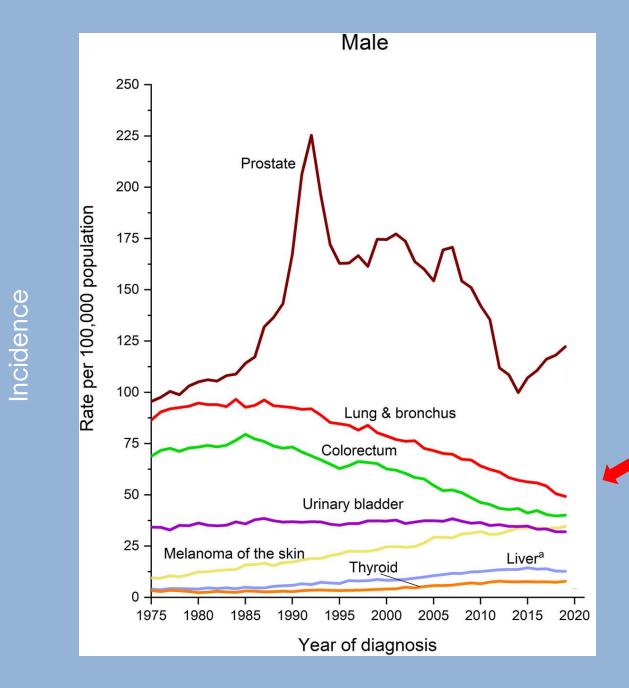
## U.S. Lung Cancer Statistics

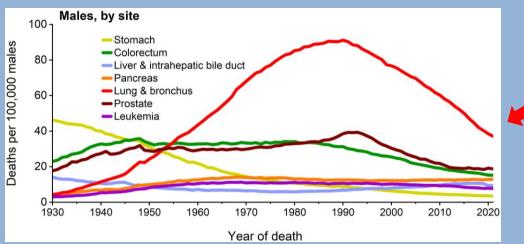


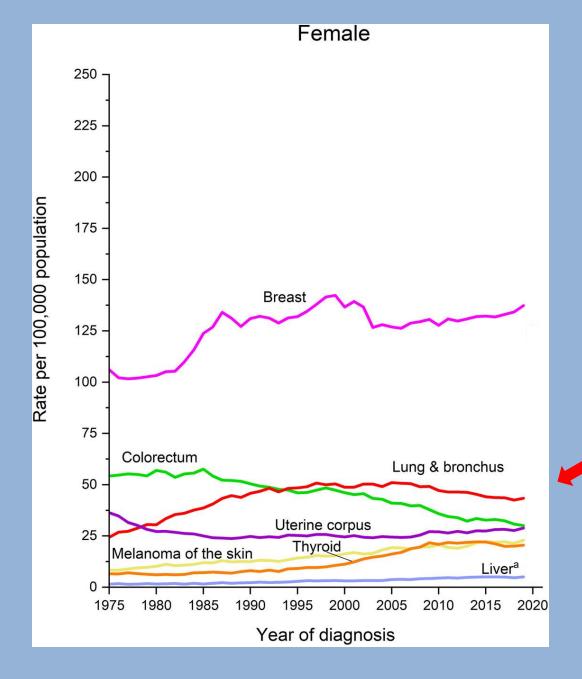


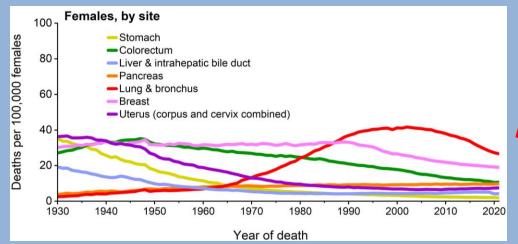


Mortality











## U.S. Lung Cancer Statistics



Estimate Lung Cancer\*
Lifetime Risk 6.1%

New Cases 234,580

Deaths, total 125,070

Deaths/day 340

Deaths/10<sup>5</sup> persons<sup>†</sup> 35.0

\*In 2023 except lifetime risk (2017-2019) and deaths/10<sup>5</sup> persons (2016-2020). †Age-adjusted.









# U.S. Lung Cancer & Stroke Statistics



Estimate Lung Cancer\* Stroke†

Lifetime Risk 6.1% < 18.0%

New Cases 234,580 < 610,000

Deaths, total 125,070 < 162,890

Deaths/day 340 < 445

Deaths/10<sup>5</sup> persons<sup>‡</sup> 35.0 < 41.1

\*In 2024 except lifetime risk (2017-2019) and deaths/10<sup>5</sup> persons (2016-2020). †In 2021 except new cases (1999). ‡Age-adjusted.









## U.S. Stroke Disparities

#### Stroke Disparities

Disparity	Women		Men
Lifetime risk	20.0%	>	16.0%
Prevalence*	3.6%	>	2.9%
Incidence <sup>†</sup>	53.5%	>	46.5%
Deaths <sup>‡</sup>	57.0%	>	43.0%
Mortality <sup>§</sup>	56.5%	>	43.5%

\*Ages  $\geq$  20 years (2017-2020). †The proportion of total incidence, all ages (1999). ‡The proportion of total deaths (2019). §The proportion of total mortality, all ages (2021).









## U.S. Stroke Disparities

#### Potential Reasons Why?

- Lifespan:
  - NVSS: 79.3 (P) -73.5 (J) = 5.8 years
- Time indoors @ home:
  - NHAPS: 17.5 (9) 15.8 (3) = 1.7 hour/day
- Indoor radon-related stroke risk
  - KNHANES: 个 20% @ pCi/L > 2.7
  - REGARDS: ↑ 39% @ pCi/L > 2.0 } non-smokers









## U.S. Stroke Disparities

#### Limitations

- KNHANES
  - design = cross-sectional
  - outcome = self-reported
- KNHANES & REGARDS
  - population = men & women
  - exposure = ecologic, categorical
  - results = inconsistent
  - mechanism = unexplained









#### WHI Risk It?

The Women's Health Initiative Radon Risk Investigation



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## Women's Health Initiative

#### Women's Health Initiative (WHI)

Design: cohort

Postmenopausal women: 161,808

• Baseline: 1993-1998

• Three trials: HT, CaD & DM

An observational study:

• U.S. clinical centers: 40





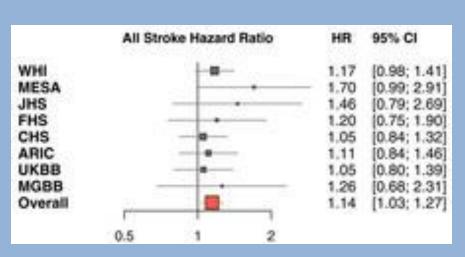




### WHI Risk It? Aims

## To estimate among US women the association between home radon concentrations and

- 1) incident, physician-adjudicated stroke
- 2) acquired mutations\* predictive of stroke











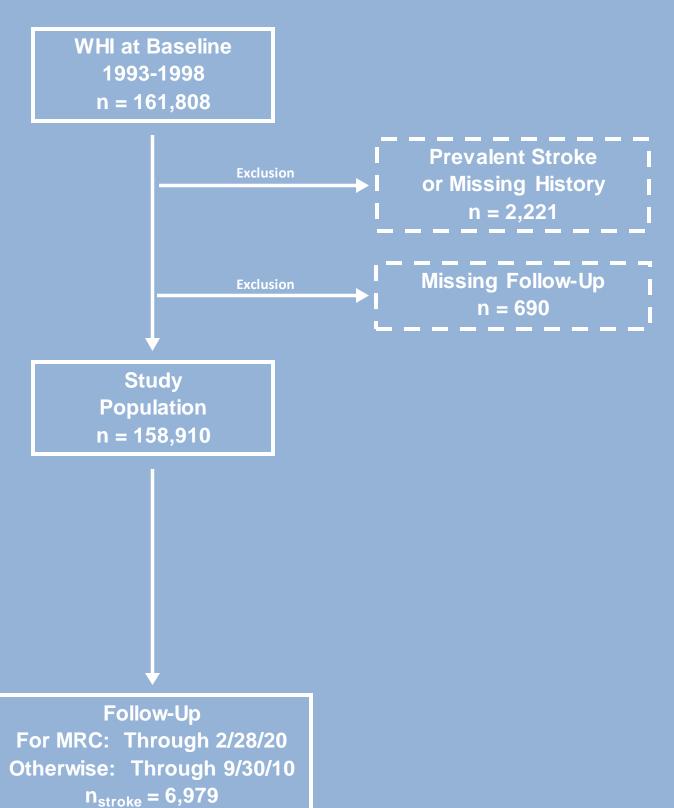
# Aim 1: Eligibility, Exclusion & Follow-up







#### 1) incident, physician-adjudicated stroke

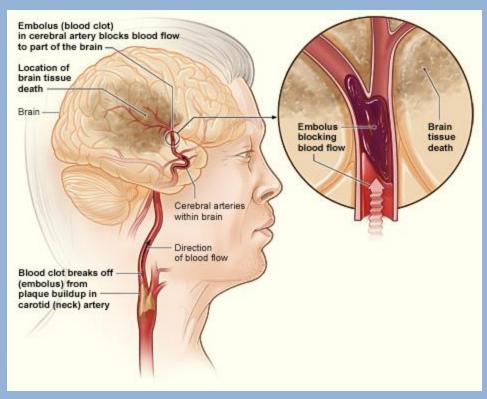


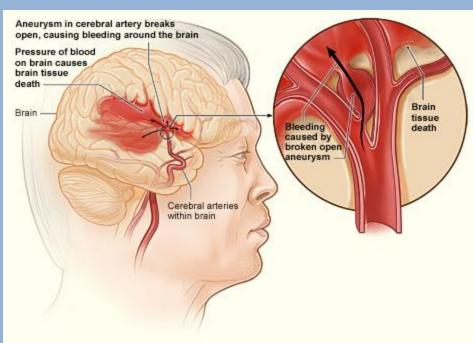


### Stroke Outcomes



Blocked or ruptured artery supplying brain





Ischemic Stroke

Hemorrhagic Stroke

- Reduced oxygen & nutrient delivery
- Injury & death of brain tissue
- Rapid onset of symptoms
  - numbness or weakness face, arm, or leg
  - · confusion or difficulty speaking or understanding
  - · difficulty seeing, walking or balancing









### Stroke Outcomes







#### Incident Stroke

- Participant self-reported
- Medical record-based
- Physician-adjudicated
  - rapid onset of neurological symptoms
  - brain arterial obstruction / rupture
- Brain MRI / CT-typed
  - + hemorrhage = hemorrhagic
  - - hemorrhage = ischemic
- TOAST-subtyped

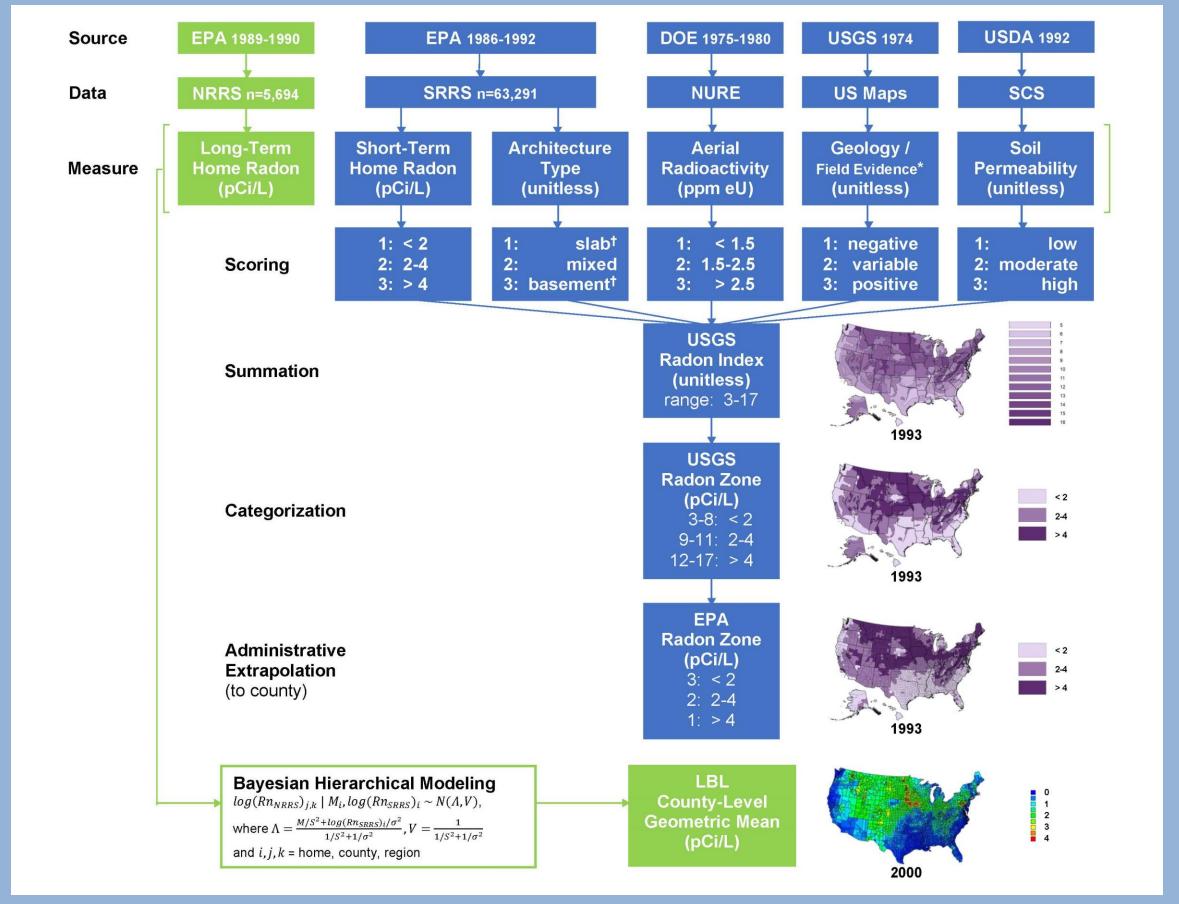


#### Radon Exposures







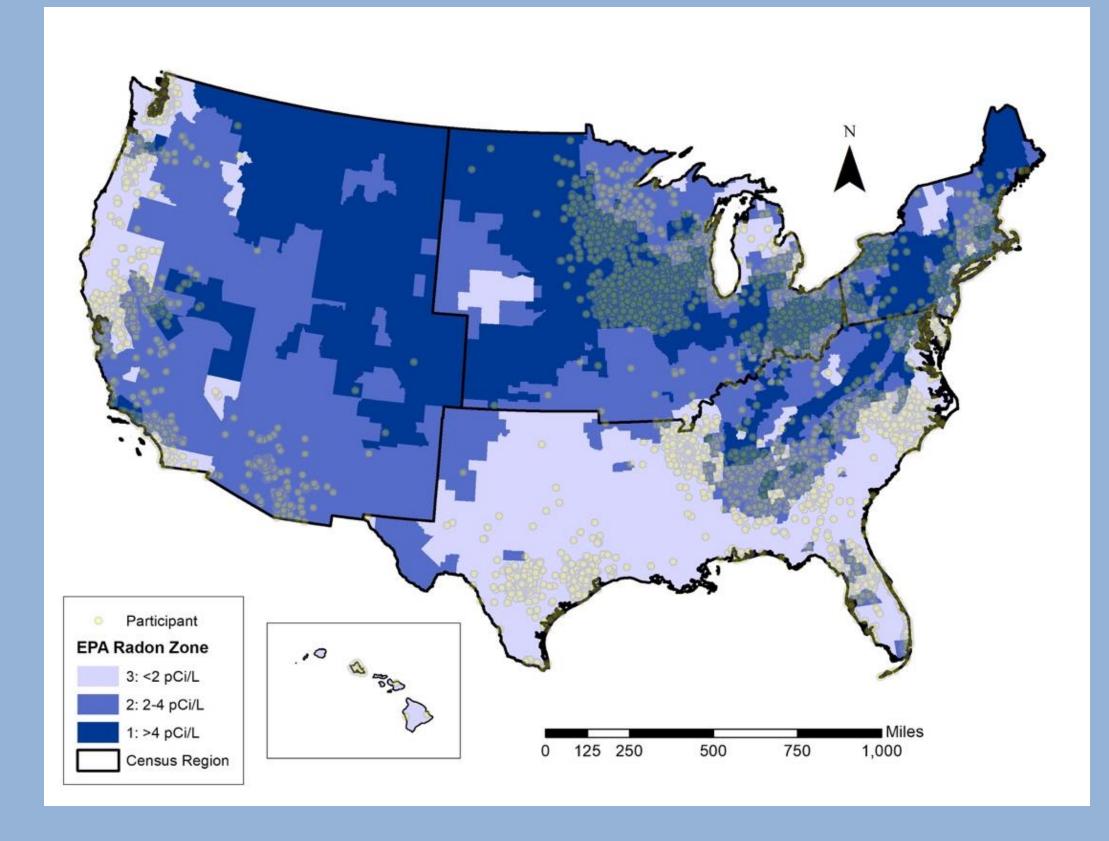


Geographically linked to participant addresses @ baseline geocoded as described in Whitsel EA, et al. Epidemiol Perspect Innov 2006;3:8.

Buchheit SF, et al. Neurology 2024;102(4):e209143.



#### Radon Exposures









Radon		Women at Risk		
Zone	pCi/L	n	(%)	
3	< 2	52,712	(33%)	
2	2-4	62,029	(39%)	
1	> 4	44,165	(28%)	
All*	Any	158,906	(100%)	
'Missina zo	ne (n=4).			



#### Baseline Characteristics







#### **Baseline Characteristics**

#### design

- Clinical trial
- Hormone therapy arm
- Medical records cohort

#### demographic

- Age (years)
- Race/ethnicity
- US Census region

#### social

- Education
- Occupation
- Neighborhood SES (z score)

#### behavioral

- Smoker ever
- Drinker ever
- 2005 healthy eating index
- Physical activity\* (MET-hr/wk)
- Sodium intake (g/day)

#### clinical

- Body mass index (kg/m²)
- Systolic blood pressure (mmHg)
- Hypercholesterolemia
- Diabetes mellitus
- Atrial fibrillation
- Deep vein thrombosis
- Pulmonary embolism

SES = socioeconomic status

MET = metabolic equivalent

\*Total energy expenditure in recreational physical activity



### Baseline Characteristics







Table 1. Characteristics of 158,910 Participants at the Baseline Visit (Women's Health Initiative, 1993-1998)

Characteristic		Mean (SD) or n (%)
	Olisiaal Talala Dagisiaaa	• •
Design	Clinical Trials Participant	67,165 (42.3%)
	Hormone Trial Arm	E 242 (2 20()
	Estrogen	5,212 (3.3%)
	Estrogen Control	5,316 (3.3%)
	Estrogen+Progestin	8,419 (5.3%)
	Estrogen+Progestin Control	8,005 (5.0%)
	Not Randomized	131,958 (83.0%)
	Medical Records Cohort Participant†	22,098 (13.9%)
Demographic	Age (years)	63.2 (7.2)
	Race/Ethnicity	
	White	131,574 (82.8%)
	Black/African American	14,120 (8.9%)
	Hispanic/Latina	6,241 (3.9%)
	Other	6,588 (4.1%)
	US Census Region	
	Northeast	36,397 (22.9%)
	South	41,050 (25.8%)
	Midwest	34,920 (22.0%)
	West	46,543 (29.3%)
Social	Education < College	35,344 (22.2%)
	Occupation = Homemaker	37,933 (23.9%)
	Neighborhood SES (z score)	-0.03 (5.4)
Behavioral	Ever Smoker‡	76,763 (48.3%)
	Ever Drinker	111,274 (70.0%)
	Healthy Eating Index	67.3 (10.7)
	Physical Activity§ (MET-hr/wk)	12.5 (13.8)
	Sodium Intake (g/day)	2,723 (1286)
Clinical	Body Mass Index (kg/m²)	28.0 (5.9)
	Systolic Pressure (mmHg) <sup>¶</sup>	127 (18)
	Hypercholesterolemia	20,843 (13.1%)
	Diabetes	9,166 (5.8%)
	Atrial Fibrillation	6,757 (4.3%)
	Deep Vein Thrombosis	
	-	
	Deep Vein Thrombosis Pulmonary Embolism	5,269 (3.3%) 1,341 (0.8%)

<sup>&</sup>lt;sup>†</sup>Hormone therapy trial, Black/African-American, or Hispanic/Latina participant in Extension 2. <sup>‡</sup>Includes 10838 (6.8%) current and 65927 (41.5%) former smokers. <sup>§</sup>Total energy expenditure in recreational physical activity. <sup>¶</sup>Measured among 47459 (29.9%) participants with and 111451 (70.1%) without medication-treated hypertension. MET = metabolic equivalent of task. n = sample size. SD = standard deviation. SES = socioeconomic status.



### Missingness of Covariates







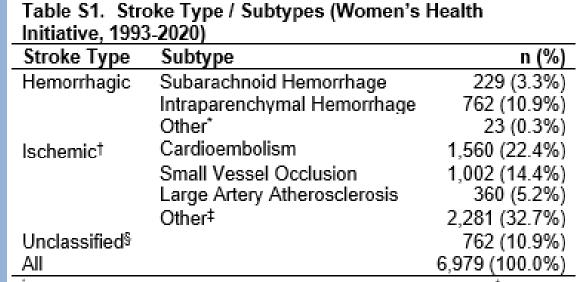
Table 9	S2. Missing Participant Characteristics at Baseline
(Wome	n's Health Initiative, 1993-1998)*

Characteristic <sup>†</sup>	11 1111dative, 1555-1550j	n (%)‡
Exposure	US EPA Radon Zone	4 (0.0%)
,	USGS Radon Zone	4 (0.0%)
	USGS Radon Index	4 (0.0%)
	LBL Geometric Mean	3,464 (2.2%)
Demographic	Age (years)	0 (0.0%)
	Race/Ethnicity	387 (0.2%)
	US Census Region	0 (0.0%)
Social	Education < College	1,190 (0.7%)
	Occupation = Homemaker	12,837 (8.1%)
	Neighborhood SES (z score)	194 (0.1%)
Behavioral	Ever Smoker	2,043 (1.3%)
	Ever Drinker	1,191 (0.7%)
	Healthy Eating Index	83 (0.1%)
	Physical Activity§ (MET-hr/wk)	7,361 (4.6%)
	Sodium Intake (g/d)	295 (0.2%)
Clinical	Body Mass Index (kg/m²)	1,383 (0.9%)
	Systolic Pressure (mmHg)	125 (0.1%)
	Hypercholesterolemia	9,236 (5.8%)
	Diabetes	92 (0.1%)
	Atrial Fibrillation	2,647 (1.7%)
	Deep Vein Thrombosis	80 (0.1%)
	Pulmonary Embolism	39 (0.0%)

Before multiple imputation. <sup>†</sup>No design characteristics were missing. <sup>‡</sup>Of n = 158,910, rounded to the nearest tenth percent. <sup>§</sup>Total energy expenditure in recreational physical activity. EPA = US Environmental Protection Agency. LBL = E.O. Lawrence Berkeley National Laboratory. MET = metabolic equivalent of task. n = sample size. SD = standard deviation. SES = socioeconomic status. USGS = US Geological Survey.



### Stroke Outcomes



Not analyzed separately given low sample size or lack of specificity. <sup>†</sup>Classified by Trial of ORG 10172 in Acute Stroke Treatment (TOAST) criteria. <sup>‡</sup>Other determined etiology, ≥ 2 causes, negative or undetermined evaluation, or missing TOAST classification data. <sup>‡</sup>Cause of death = stroke, without typing / subtyping.









#### Risk Estimation

#### **Absolute Risk**

- incidence proportion (strokes per 10<sup>3</sup> women @ risk)
- incidence rate (strokes per 10<sup>5</sup> woman-years)

#### Relative Risk

- Cox proportional hazards regression
  - to estimate HRs (95% CIs)
  - on attained age scale
  - ± sequential covariate adjustment

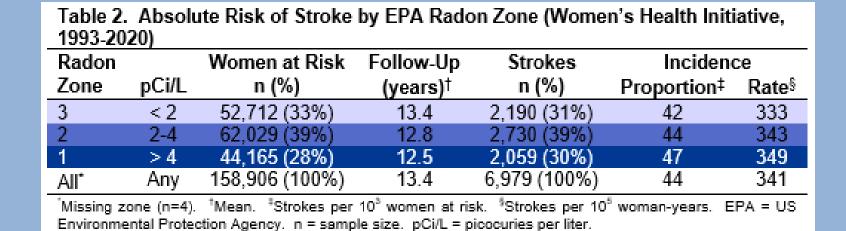








#### Absolute Risk











#### Relative Risk



	Hazard Ratio (95% Confidence Limit)				
Cumulative	Zone 3	Zone 2	Zone 1		
Adjustment <sup>*</sup>	< 2 pCi/L	2-4 pCi/L	> 4 pCi/L		
None	1.00	1.01 (0.96-1.07)	1.05 (0.99-1.12)		
+ Design	1.00	1.01 (0.96-1.07)	1.03 (0.97-1.10)		
+ Demographic	1.00	1.04 (0.98-1.11)	1.10 (1.03-1.18)		
+ Social	1.00	1.06 (1.00-1.13)	1.13 (1.05-1.22)		
+ Behavioral	1.00	1.06 (0.99-1.13)	1.13 (1.05-1.22)		
+ Clinical	1.00	1.06 (0.99-1.13)	1.14 (1.05-1.22)		

For the additional design + demographic + social + behavioral + clinical characteristics in Table 1. EPA = US Environmental Protection Agency. pCi/L = picocuries per liter















#### Examined sensitivity to...

- Adjusting for other covariates
- Multiply imputing missing data
- Adding a smoking x radon interaction
- Substituting other stroke outcomes
- Substituting other radon exposures
  - USGS radon zone\* (< 2; 2-4; > 4 pCi/L)
  - USGS radon index\* (unitless range: 5-16)
  - LBL geometric mean† (pCi/L)
- Non-linear modeling of USGS radon index\*
- Substituting lung cancer for stroke









Table 4. Sensitivity of the Fully Adjusted Radon-Stroke Association
(Women's Health Initiative, 1993-2020)

	Hazard Ratio (95% Confidence Limit)		
	Zone 3	Zone 2	Zone 1
Sensitivity to:	< 2 pCi/L	2-4 pCi/L	> 4 pCi/L
Referent*	1.00	1.06 (0.99-1.13)	1.14 (1.05-1.22)
Adjustment for			
Clinical Center	1.00	1.06 (0.97-1.15)	1.11 (1.00-1.22)
Medication-Treated Hypertension	1.00	1.06 (1.00-1.13)	1.13 (1.05-1.22)
Redefined Smoking <sup>†</sup>	1.00	1.06 (1.00-1.13)	1.14 (1.05-1.22)
Multiple Imputation	1.00	1.06 (1.00-1.12)	1.12 (1.04-1.20)
Smoking-Radon Interaction <sup>‡,§</sup>			
Never Smokers	1.00	1.04 (0.98-1.12)	1.09 (0.99-1.19)
Ever Smokers	1.00	1.07 (1.00-1.14)	1.14 (1.04-1.25)
Stroke Outcome Substitution‡			
Hemorrhagic	1.00	1.02 (0.88-1.19)	1.08 (0.90-1.30)
Subarachnoid Hemorrhage	1.00	0.97 (0.87-1.07)	1.07 (0.95-1.21)
Intraparenchymal Hemorrhage	1.00	1.05 (0.99-1.11)	1.10 (1.02-1.17)
Ischemic <sup>¶</sup>	1.00	1.07 (1.00-1.14)	1.15 (1.06-1.25)
Cardioembolism	1.00	1.14 (1.10-1.19)	1.16 (1.10-1.21)
Small Vessel Occlusion	1.00	1.15 (1.10-1.21)	1.38 (1.30-1.46)
Large Artery Atherosclerosis	1.00	1.13 (1.04-1.24)	1.24 (1.12-1.37)
Other <sup>I</sup>	1.00	1.00 (0.97-1.03)	1.07 (1.03-1.10)
Unclassified**	1.00	0.93 (0.75-1.15)	1.01 (0.85-1.20)
Mortality <sup>††</sup>	1.00	1.05 (0.99-1.11)	1.11 (1.03-1.19)
Radon Exposure Substitution‡			
USGS Radon Zone	1.00	1.12 (1.06-1.18)	1.16 (1.07-1.25)
USGS Radon Index			1-1.04)##
LBL Geometric Mean		1.04 (0.9	8-1.09) <sup>§§</sup>
			· ·

Fully adjusted model of the EPA Radon Zone-stroke association from Table 3. <sup>†</sup>As (current; former; never). <sup>‡</sup>And multiple imputation. <sup>§</sup>P<sub>interaction</sub> = 0.4697. <sup>‡</sup>Classified by Trial of ORG 10172 in Acute Stroke Treatment (TOAST) criteria. <sup>‡</sup>Other determined etiology, ≥ 2 causes, negative or undetermined evaluation, or missing TOAST classification data. <sup>‡</sup>Cause of death = stroke, without typing / subtyping. <sup>‡‡</sup>Expressed per 1-unit increase.

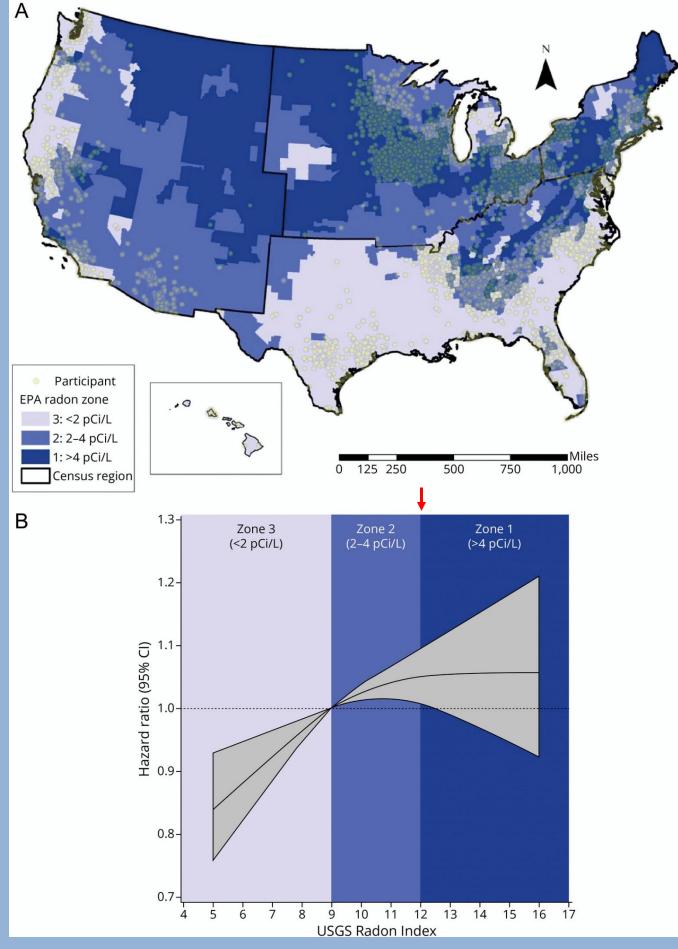
\*\*Expressed per 1 pCi/L increase. EPA = US Environmental Protection Agency. LBL = E. O. Lawrence Berkeley National Laboratory. pCi/L = picocuries per liter. USGS = US Geological Survey.











Spline of the USGS Radon Index, centered at its median value.

P<sub>non-linear association</sub> = 0.0004. 

■ EPA Radon Action Level.

Buchheit SF, et al. Neurology 2024;102(4):e209143.









Table S4. Relative Risk of Stro	oke and Lung Cancer (	Women's Health Initiative,	, 1993-2020)

	_	Hazard Ratio (95% Confidence Interval)*		
Risk Factor	Category <sup>†</sup>	<b>%</b> ‡	Stroke <sup>§</sup>	Lung Cancer§
Diabetes	Yes	6%	1.69 (1.56-1.83)	NA
Atrial Fibrillation	Yes	4%	1.63 (1.50-1.78)	NA
Systolic Pressure	> 140 mmHg	21%	1.57 (1.49-1.65)	NA
Race	Black	9%	1.49 (1.37-1.62)	1.33 (1.16-1.52)
Pulmonary Embolism	Yes	1%	1.27 (1.01-1.60)	NA
Deep Vein Thrombosis	Yes	3%	1.20 (1.06-1.35)	NA
Ever Smoker	Current/Former	48%	1.17 (1.12-1.23)	5.23 (4.82-5.67)
Healthy Eating Index	< p25	25%	1.17 (1.11-1.24)	1.40 (1.31-1.50)
Energy Expenditure¶ (MET-				
hr/wk)	< p25	28%∥	1.13 (1.07-1.20)	1.24 (1.16-1.34)
EPA Radon Zone 1	> 4 pCi/L	28%	1.10 (1.03-1.18)	0.98 (0.90-1.08)
EPA Radon Zone 2	2-4 pCi/L	39%	1.05 (0.99-1.11)	1.01 (0.93-1.08)
Ethnicity	Hispanic	4%	1.10 (0.96-1.27)	0.86 (0.67-1.11)
Neighborhood SES (z score)	< p25	25%	1.06 (1.00-1.14)	1.13 (1.04-1.23)
Body Mass Index	> 30 kg/m²	30%	1.06 (1.00-1.11)	0.84 (0.78-0.90)
Hypercholesterolemia	Yes	13%	1.05 (0.99-1.12)	NA
Homemaker	Yes	24%	1.01 (0.96-1.07)	0.95 (0.89-1.03)
Sodium Intake (g/day)	> p75	25%	1.00 (0.95-1.06)	NA
Education	< College	22%	0.96 (0.91-1.02)	1.10 (1.02-1.18)
Ever Drinker	Current/Former	70%	0.90 (0.86-0.95)	0.92 (0.85-0.99)

Estimated in Cox proportional hazards models simultaneously adjusting for all Table 1 design characteristics and risk factors, tabulated from high to low risk of stroke. <sup>†</sup>Dichotomized to aid comparison among ordered risk factors and outcomes. <sup>‡</sup>Percent with the risk factor. <sup>§</sup>Based on analysis of 6,979 incident strokes (4,167 incident lung cancers) among 158,910 (159,234) women at risk followed for a mean of 13.4 (16.3) years. <sup>†</sup>Total energy expenditure in recreational physical activity. <sup>†</sup>Differs from 25% given tied percentiles. EPA = US Environmental Protection Agency. MET = metabolic equivalent of task. NA = not applicable, so not modeled. pCi/L = picocuries per liter. p25 & p75 = 25<sup>th</sup> and 75<sup>th</sup> percentiles. SES = socioeconomic status.



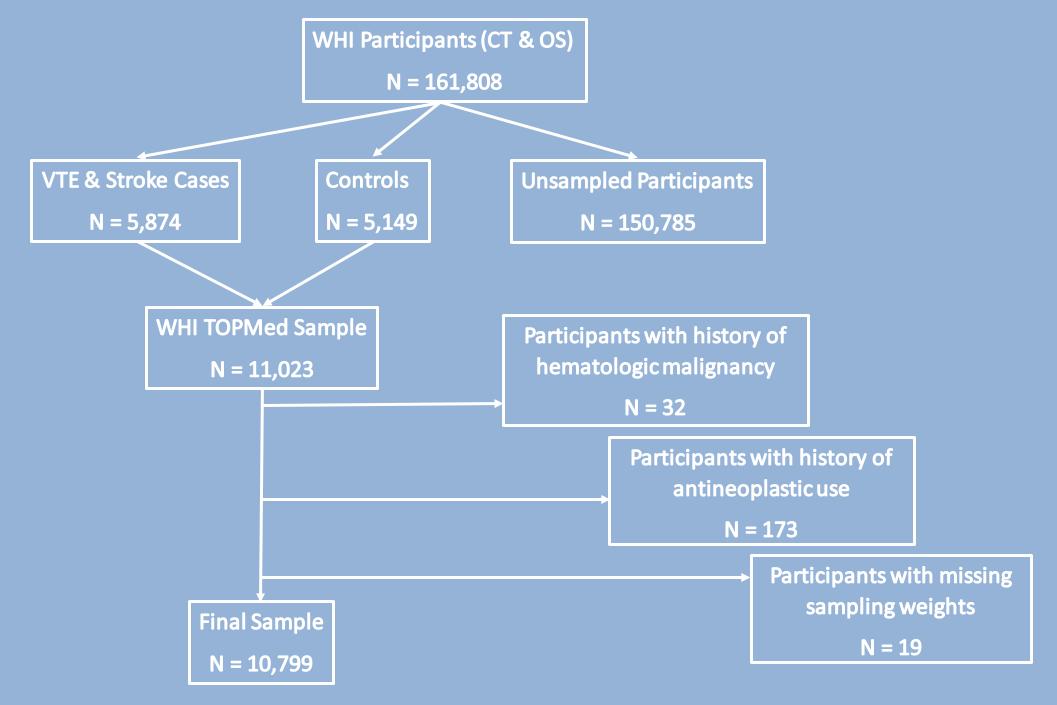
# Aim 2: Eligibility, Sampling & Exclusion







#### 2) acquired mutations\* predictive of stroke





#### CHIP Outcome

#### **CHIP Identification**

- Phlebotomy @
  - SV (31%) AV1 (27%)
  - AV3 (35%) AV6 (5%)
  - AV9 (1%)
- Centrifugation buffy coat
- Extraction of leukocyte DNA
- Whole genome sequencing
- Interrogation of 74 CHIP driver mutations
- CHIP = variant allele fraction > 0.02 in ≥ 1/74







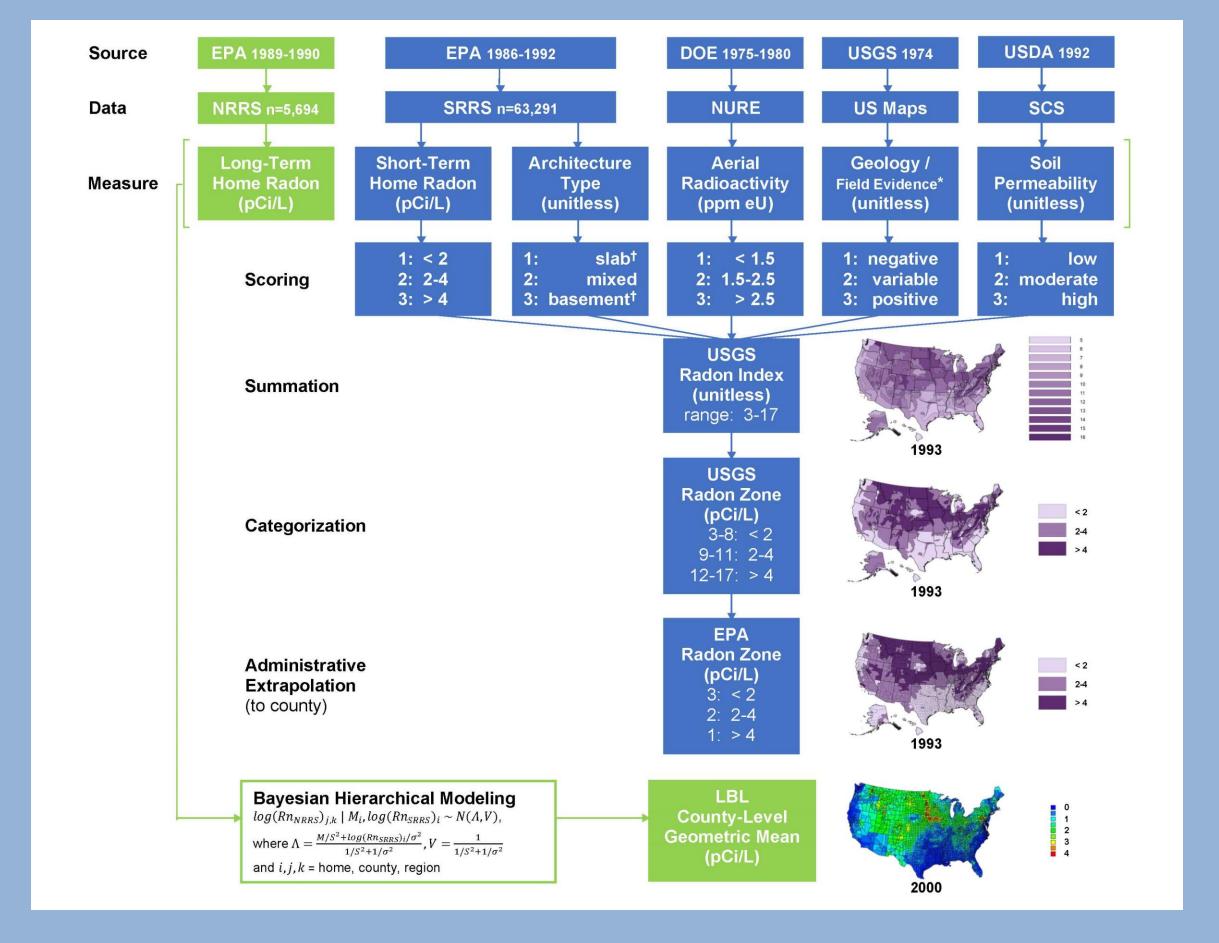


#### Radon Exposures









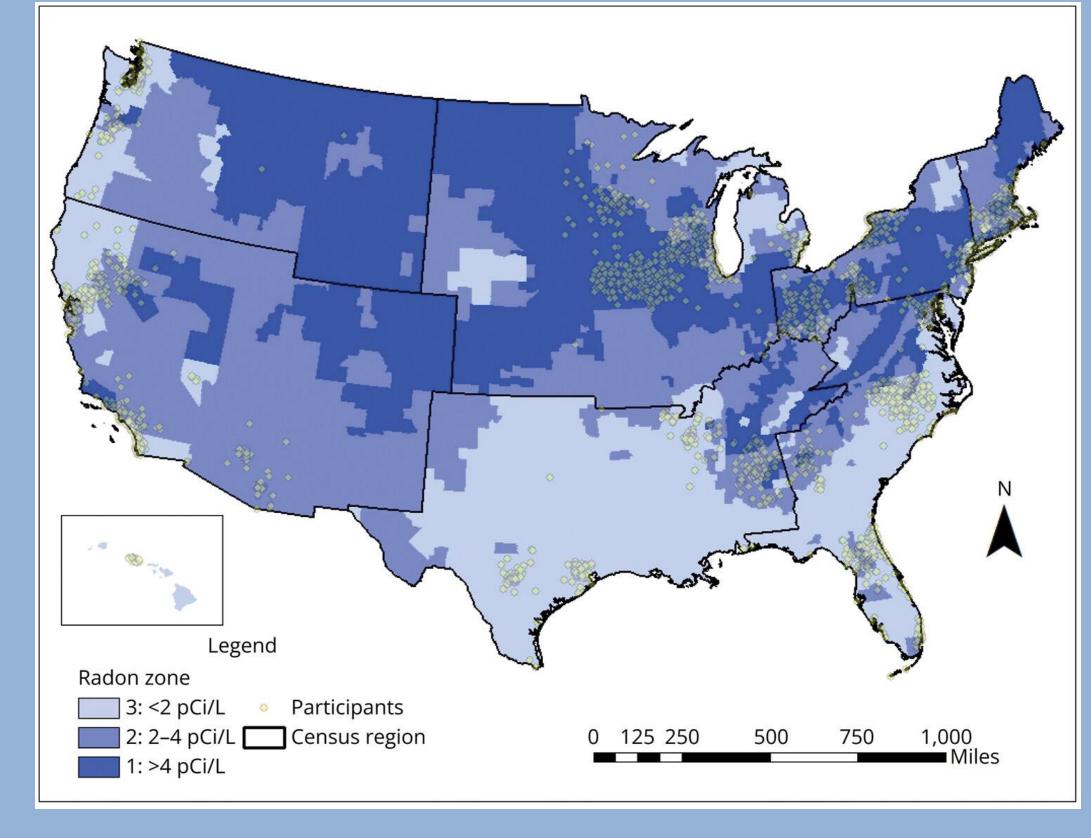


#### Radon Exposures









Radon	CHIP present	CHIP absent
(pCi/L)	n (%)	n (%)
<2	248 (7.7)	2,967 (92.3)
2-4	356 (8.4)	3,862 (91.6)
>4	303 (9.0)	3,063 (91.0)



#### Risk Estimation

#### Logistic regression

- to estimate ORs (95% CIs)
- multiple imputation
- stratification by stroke type / subtype
- weighting for inverse probability of sampling
- covariate adjustment







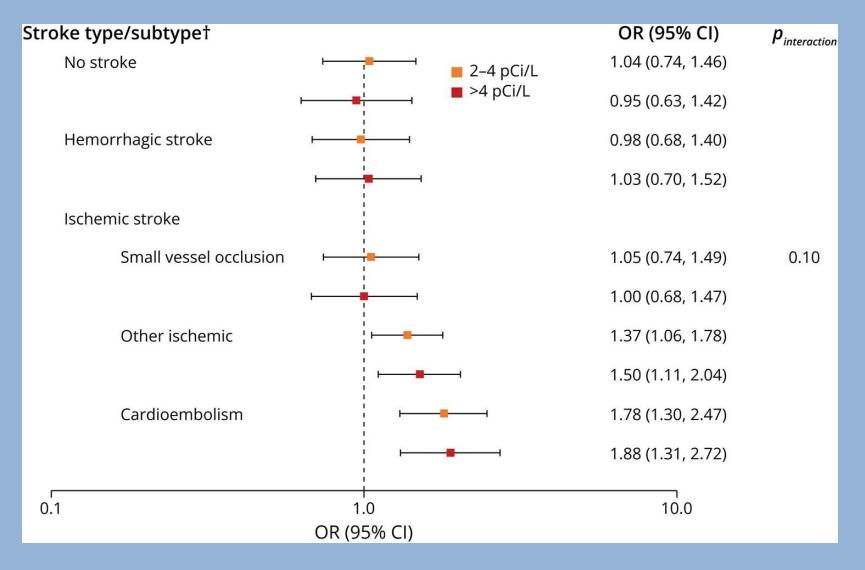


#### Odds Ratios









Regression models were adjusted for self-reported age, race/ethnicity, education, homemaker status, Census region, neighborhood socioeconomic status summary z score, smoking, body mass index, physical activity, clinical trial intervention (hormone therapy, calcium/vitamin D, and dietary modification), and stroke type/subtype. Regression models also were weighted for the inverse probability of sampling. Ischemic stroke subtyped using Trial of Org 10172 in Acute Stroke Treatment (TOAST) criteria including cardioembolism, small vessel occlusion, and "other ischemic", i.e., large artery atherosclerosis, other determined etiology, two or more causes, negative evaluation, or incomplete/missing evaluation. †Among participants with reviewed, classified, and adjudicated stroke.





- Weighting for attrition
- Adjusting for ancestry
- Excluding prevalent stroke
- Restricting to common mutations
- Substituting other radon exposures
  - USGS radon zone\* (< 2; 2-4; > 4 pCi/L)
  - USGS radon index\* (unitless range: 5-16)
  - LBL geometric mean<sup>†</sup> (pCi/L)







USGS = United States Geologic Survey

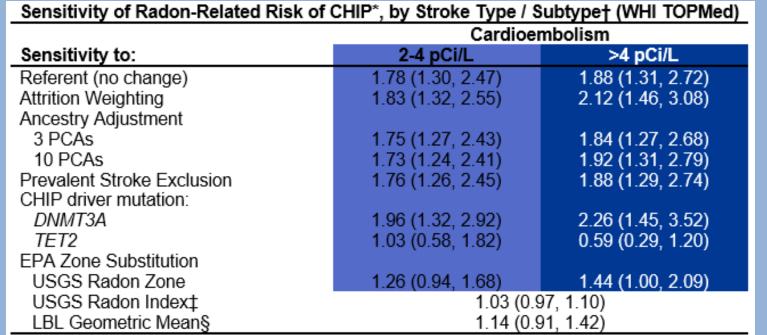
LBL = E. O. Lawrence Berkeley National Laboratory

\*Based on short-term (2-day), lowest living level, charcoal cannister screening

†Based on long-term (365-day), pan-living area, alpha-track detection







Regression models were adjusted for self-reported age, race/ethnicity, education, homemaker status, US Census region, neighborhood socioeconomic status z score, smoking, body mass index, physical activity, and clinical trial intervention (hormone therapy, calcium/vitamin D, and dietary modification). Regression models also were weighted for the inverse probability of sampling. \*Odds ratio (95% confidence intervals).†Among participants with reviewed, classified, and adjudicated stroke. ‡Expressed per 1-unit increase. §Expressed per 1 pCi/L increase. LBL: E. O. Lawrence Berkeley National Laboratory; pCi/L: picocuries/liter; PCA: principal components of ancestry; USGS: United States Geological Survey.









#### Summary



- incident, adjudicated stroke
- acquired mutations\* predictive of stroke

#### The graded associations are...

- robust
- significant at < 4 pCi/L</li>
- stronger for ischemic v. hemorrhagic stroke
- similar to those in KNHANES & REGARDS









#### Limitations



- individual-level radon exposures
- time-varying covariates
- replicability

#### Unknown generalizability to...

- underrepresented racial/ethnic groups
- premenopausal women
- women aged < 50 years
- men









#### Strengths



- large
- diverse

#### Outcomes

adjudicated

#### Analyses

- longitudinal
- well-powered

#### Results

robust



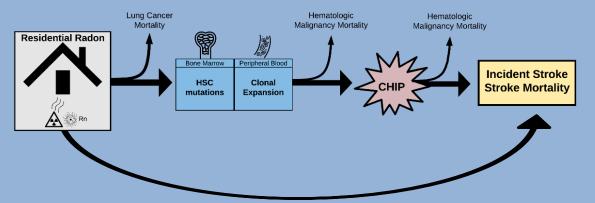




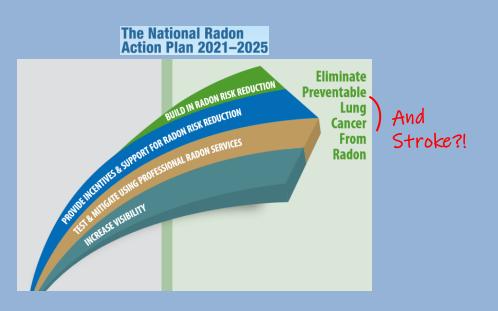


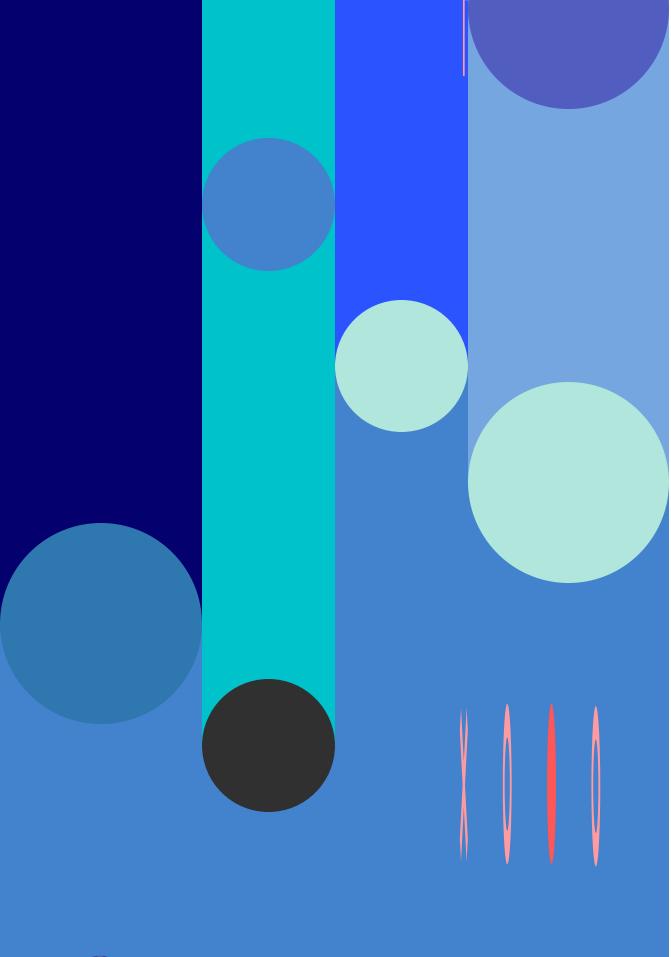
#### In Conclusion

- Radon may be a risk factor for stroke
- Radon may be acting partly through CHIP



- Individual-level radon exposure, crosscohort replication & mediation analyses are needed
- WHI Risk It?





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